



# MLK JR. DAY & ENLIGHTENED LIVING DAYS EVENTS SCHEDULE

## 1.20.25 - 1.23.25

SPONSORED BY



<b>MLK Jr. Day</b> <b>Monday, January 20</b>	<b>This Year's Theme: INDIVIDUAL AND COMMUNITY HEALTH</b>		
	<b>Tuesday, January 21</b>	<b>Wednesday, January 22</b>	<b>Thursday, January 23</b>
<p><b>9:30 - 9:45 AM</b>  <b>Welcome Remarks with President Roth</b>                      Geary Auditorium &amp; live streamed</p> <p><b>9:45 - 10:00 am</b>  <b>Introduction to the MLK Day Celebration with BSU President Jamia Nesmith</b>                      Geary Auditorium &amp; live streamed</p> <p><b>10:00 - 11:15 am</b>  <b>MLK Day Keynote Address: Bunmi Kusimo-Frazier, Esq.</b>                      Geary Auditorium &amp; live streamed</p>	<p><b>2:00 - 2:55 pm</b>  <b>Consumer Health and AI</b>  <i>with John Adkins, UC Library Director &amp; Rebecca Newman, UC Health Sciences Librarian</i>                      Frankenberger Art Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>2:00 - 2:55 pm</b>  <b>West Virginia Foster Care Crisis</b>  <i>with Michelle Riffe Davis, Assisant Professor, Physician Assisant Program and Dr. Beth Todd, Assitant Professor, Pharmacy Practice</i>                      Erma Byrd Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>2:00 - 2:55 pm</b>  <b>West Virginia Foster Care Crisis</b>  <i>with Michelle Riffe Davis, Assisant Professor, Physician Assisant Program and Dr. Beth Todd, Assitant Professor, Pharmacy Practice</i>                      Erma Byrd Gallery &amp; Zoom session                      * Register on Corq</p>
<p><b>LUNCH</b>  <b>11:30 am - 1:00 pm</b>  <b>Lunch on Charleston Campus</b>                      The Commons &amp; Riverfront Dining Hall                      * Register on Corq                      75 people in person</p> <p><b>Lunchtime Discussion</b>                      Zoom Session                      * Register on Corq</p>	<p><b>3:00 - 3:55 pm</b>  <b>Nutrition and Bone Health</b>  <i>with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences</i>                      Erma Byrd Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>3:00 - 3:55 pm</b>  <b>Ecosystem Health</b>  <i>with Dr. Stephen Mech, Professor of Biology, Dr. Mark Watson, Professor of Biology &amp; Clark Sanford, Superintendent, Kanawha State Forest</i>                      Erma Byrd Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>3:00 - 3:55 pm</b>  <b>Nutrition and Bone Health</b>  <i>with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences</i>                      Frankenberger Art Gallery &amp; Zoom session                      * Register on Corq</p>
<p><b>2:00 - 3:00 pm</b>  <b>Martin Luther King, Jr. on Health Care Ethics</b>  <i>with Dr. Dan Silber</i>                      * Register on Corq                      In person or Zoom                      Erma Byrd Gallery, Riggelman Hall 3rd Floor</p>	<p><b>4:00 - 4:55 pm</b>  <b>Behavioral Finance and Your Emotional and Physical Health</b>  <i>with Dr. Jacob Tenney, Assistant Professor of Business</i>                      Frankenberger Art Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>3:00 - 3:55 pm</b>  <b>Nutrition and Bone Health</b>  <i>with Kate Duffy, Undergraduate Student, Biology/Biomedical Sciences</i>                      Frankenberger Art Gallery &amp; Zoom session                      * Register on Corq</p>	<p><b>4:00 - 4:55 pm</b>  <b>Behavioral Finance and Your Emotional and Physical Health</b>  <i>with Dr. Jacob Tenney, Assistant Professor of Business</i>                      Frankenberger Art Gallery &amp; Zoom session                      * Register on Corq</p>
<p><b>5:00 - 6:00 pm</b>  <b>Unity Walk and Reflection</b>                      Innovation Center/Riverbank</p>	<p><b>7:00 - 8:00 pm</b>  <b>Yoga</b>  <b>The Folded Leaf Yoga Studio</b>  <i>with Instructor Nina Ratliff</i>                      GSU Ballroom                      * Register on Corq</p>	<p><b>4:00 - 4:55 pm</b>  <b>Coffee and Energy Balls</b>  <i>with Violetta Petrosyan, Director of International Students, and Staff</i>                      The Commons                      * Register on Corq</p>	<p><b>7:00 - 8:00 pm</b>  <b>Yoga</b>  <b>The Folded Leaf Yoga Studio</b>  <i>with Instructor Nina Ratliff</i>                      GSU Ballroom                      * Register on Corq</p>
		<p><b>7:00 - 8:00 pm</b>  <b>Zumba Dance Fitness</b>  <b>S and B Studio</b>  <i>with Instructor Sarah Brown</i>                      GSU Ballroom                      * Register on Corq</p>	

**PLEASE NOTE:**

**Registration links are available on the Corq app. Check in at your session with your Student ID.**

*Student attendance is required at the Bunmi Kusimo-Frazier, Esq. keynote address on Monday. Attendees will receive a 2025 Enlightened Living Days bracelet.*